



Clinical Mastery in the Treatment of Myofascial Pain

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This concise and easily referenced clinical text brings together editors from a range of disciplines—including chiropractic, osteopathy, physical therapy, and medicine—to address therapeutic approaches to common muscle and joint pain. Organized by chief complaint, each chapter follows a structured format that takes readers from overview and assessment, through a case history, to a planned program of rehabilitation, generalization to similar conditions, and a treatment protocol.

Readers will explore key differences in assessment, treatment, and rehabilitation—a great aid in choosing the best therapy for each patient. The book's practical, case study approach addresses a variety of factors affecting myofascial integrity, including psychological issues, sleep patterns, nutrition, and fitness. A glossary defines interdisciplinary nomenclature.

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