



The Patient's Guide to the Complete Medical Examination and the Prevention of Medical Errors

Sheldon Cohen

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Medical errors kill 98,000 patients per year in the United States. But you, the patient, can play a crucial role in preventing these mistakes by fully educating yourself about your own health. According to author and medical doctor Sheldon Cohen, the best way to secure this information is to get a comprehensive medical examination. The Patient's Guide to the Complete Medical Examination and the Prevention of Medical Errors is the perfect tool to help you take charge of your health as you attempt to navigate through the United States' overburdened health-care system. Filled with essential information on what an examination should entail, Cohen reveals several key points you need to discuss with your doctor. These include your complete medical history, the functioning of each organ system, and laboratory data. Once armed with your personal health information, you will be in a position to reduce your risk for medical error and live a longer, healthier life.

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