



# **31 Paleo Appetizers and Party Snacks: Delicious Treats for Any Occasion (31 Days of Paleo Book 15)**

*Mary Scott*

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Ready to “rock” your world with some tempting, tantalizing taste-treats from the Stone Age? Tired of noshing wearily on carrots and celery at every party? You’re going to love the super-nutritious and ultra-delicious recipes in this book. Prepare to be delighted at the variety of snacks and appetizers that are sure to be guilt-free, crowd-pleasing favorites. Experience the joy of healthy and delicious food. Paleo, it’s not just for cavemen!

Treat Yourself to a Taste Sensation!

Isn’t it great to know that eating healthy doesn’t mean suffering through foods that are bland, dry and tasteless? Paleo eating brings out the best in foods by utilizing ingredients that are bursting with freshness and flavor. You’ll discover how to prepare Paleo snacks that please your palate with fresh herbs, spices and ingredients that don’t have the “processed” blandness or chemical aftertastes that are present in so many foods today. Paleo allows you to enjoy your eating and snacking experience, while doing something healthy and wholesome for your body – it’s a win-win!

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