



# Walking In Victory: A Spiritual, Cognitive-Behavioral Workbook

*Robert L Brown*

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## **Walking In Victory: A Spiritual, Cognitive-Behavioral Workbook** Robert L Brown

Walking in Victory is a cognitive-behavioral workbook derived from biblical truth. The book is aimed at those who have lost their way in life as well as others who wish to enrich their lives through Christian principles. An emphasis is placed on addictions, relationships, and day-to-day life. The 12 chapters in the book form a path up a ladder involving trust & honesty, goodness, knowledge, self-control, perseverance, godliness, kindness, love, and grace.

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