



The Confident Coach's Guide to Teaching Youth Soccer: From Basic Fundamentals to Advanced Player Skills and Team Strategies

Joe Provey

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You're on the freshly cut and line-painted field: whistle around your neck, a clipboard in one hand, and a bag of soccer balls slung over your shoulder. You're cool, calm, and collected - that is, until a rowdy group of youngsters show up, eager to play a game they have no idea how to play. How do you keep the attention of a group of overactive adolescents and teach them meaningful ways to improve their soccer skills? More important, where do you even begin? Don't sweat just yet. It's simple with "The Confident Coach's Guide To Teaching Youth Soccer". Veteran soccer player and coach, Joe Provey provides youth soccer coaches with the tools they need to run a successful practice and to teach their players skills that will continue to grow. Built around the philosophy that children need a strong base of correctly taught fundamentals to evolve into competent players, it takes the coach through a step-by-step process of how to design a practice that is fun and produces positive results. This innovative manual offers advice on how to best work with different age groups; plan an efficient and enjoyable practice; teach soccer basics, drills, and games for teaching ball containing and dribbling, shooting on goal, throw-ins, defensive and offensive movements, agility, and speed. How to successfully manage and coach a winning soccer team?

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