



# Assessment Scales in Depression, Mania and Anxiety (Assessment Scales in Psychiatry Series)

*Raymond W. Lam, Erin E. Michalaak, Richard P. Swinson*

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## **Assessment Scales in Depression, Mania and Anxiety (Assessment Scales in Psychiatry Series)**

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There are a number of books recently published on assessment scales for depression and anxiety. However, these books are generally more detailed than clinicians require, are specific to one or other condition, or involve specialty populations such as children or geriatrics. To meet the needs of clinicians treating patients with depressive and anxiety disorders, this volume aims to bring together empirically validated assessment scales. In a concise and user-friendly format, *Assessment Scales in Depression and Anxiety* illustrates the assessment scales used in clinical trials and research studies; shows how to select an assessment scale and to decide which scale to use for a particular clinical situation; and provides sample assessment scales for clinicians to use in their practice.

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