



Life Before Death: A Spiritual Journey of Mind and Body

Lawrence Meredith Ph.D.

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Lawrence Meredith writes with one question in mind: what constitutes life before death? The Hindus teach that there is life before life. So do the Mormons and the primal scream therapists. The Muslims teach that there is life after death, and so does just about anybody else who's willing to be called religious. Meredith argues that these views are "felonius". We have the responsibility to live life in the here and now and seek to experience our own religion of the body.

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