



# **Organic Body Scrubs Made Easy: Homemade Body Scrub Recipes to Instantly Heal, Nourish, Exfoliate and Reveal Youthful, Radiant Skin**

*Karina Wilde*

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## **DISCOVER BEAUTIFUL, RADIANT SKIN WITH HOMEMADE ORGANIC BODY AND FACIAL SCRUBS TODAY!**

"Organic Body Scrubs Made Easy" turns you back to the earth. The recipes in this book exfoliate your tired, dead skin cells and reveal the stunning, youthful shine of your true beauty. Each do-it-yourself body scrub utilizes the best of the organic ingredients: from Epsom sea salts to avocados to coffee grounds- to reveal unlimited benefits.

The benefits are easily laid out for you, ready to prescribe to your unique skin qualities. If your skin is too dry, there are several remedies; if your skin is acne-prone, don't worry any longer. These easy, do-it-yourself body and facial scrubs allow you to refute the laborious, chemically-laden, and clearly insufficient over the counter beauty products you've been using. They allow you to truly take back your skin and rejuvenate yourself.

They allow you to beat back against wrinkles, to fight back against sun damage, and to moisturize into stunning beauty and brightness. All you need is a kitchen and a few natural, organic ingredients to allow your skin to shine. The best part? Every organic exfoliation smells like a dream, rippling through the countless arrays of natural scents the earth can offer. Live well. Replenish your life. One day and one exfoliation at a time.

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