



# Secrets About Life Every Woman Should Know: Ten Principles for Total Spiritual and Emotional Fulfil

*Barbara Deangelis*

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# Secrets About Life Every Woman Should Know: Ten Principles for Total Spiritual and Emotional Fulfil

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**Secrets About Life Every Woman Should Know: Ten Principles for Total Spiritual and Emotional Fulfil** Barbara Deangelis

A popular expert on relationships offers a down-to-earth handbook for helping women achieve the fulfillment and emotional freedom they desire, showing how to build selfconfidence and selfreliance, and discusses the ways women undermine their own happiness

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