



Depressive Personality Disorder

Todd Finnerty

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Can you think of a person you may have met or treated whose usual mood was gloomy and unhappy, were they critical of themselves and did they brood and tend to worry? Did they tend to be negative and judgmental toward others? Were they pessimistic and prone to feeling guilty or remorseful? Did this person have a Depressive Personality Disorder? This book answers the question "Does Depressive Personality Disorder exist?" with a concise review of current research. A "depressive type" is a valid and clinically useful concept which should be included in DSM-5 and ICD-11. DPD was offered as a diagnosis for further study and a diagnosis that can be made under Personality Disorder NOS in the DSM-IV and DSM-IV-TR. Gain a firm background in recent research and theory on DPD and understand its relationship to chronic depressive disorder concepts, cognitive vulnerabilities to depression and the Five-Factor Model of Personality.



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