



Occupational Low Back Pain: Aggressive Nonsurgical Care

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Written by nonsurgeons, Occupational Low Back Pain: Aggressive Nonsurgical Care outlines the necessary steps to be taken from the time a worker is injured to the time that individual returns to his job. This important book takes you through all facets of diagnosis such as the physical exam, imaging techniques and electrodiagnosis. Treatment strategies include the use of exercise, oral medications, therapeutic spinal injections, manual therapy, and modalities. The timing for a surgical referral is also discussed. Return to work issues are covered and the utility of functional capacity evaluations is addressed. The important topic of low back injury prevention is also covered.

Features

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