



The Filipino Cookbook: 85 Homestyle Recipes to Delight Your Family and Friends

Miki Garcia

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Learn authentic and delicious recipes with this beautifully illustrated Filipino cookbook.

This delightful collection of 85 tried and tested recipes from the Philippines showcases the full range of authentic dishes from the country. Each region has its own distinct food culture and the book relates the secrets and soul of dishes that create the cultural mosaic that is the Philippines.

The Filipino Cookbook features easy, step-by-step instructions that Filipinos and non-Filipinos alike will enjoy. Learn to make the famous vegetable dishes of the Tagalog peninsula to the seafood and noodles of the Visayan Islands and the spicy and colorful curries of Mindanao. Learn to make a perfect Pinakbet (Sautéed Vegetables with Shrimp Paste) or a delicious Halo-Halo (Mixed Fruits Dessert). Regale your friends with a wonderfully easy Paella (Rice and Seafood Medley) and Morcon (Stuffed Beef Roll) or an amazing bowl of Pininyahang Manok (Chicken with Pineapple).

Utilizing readily available ingredients, *The Filipino Cookbook* allows the home cook to create authentic Filipino food at home, whether you are one of the 4 million Filipino-Americans living in the United States or simply interested in trying something new.

Authentic Filipino recipes include:

- Pan de Sal Bread Rolls
- Wonton Soup
- Crispy Lechon Pork
- Chicken Adobo
- Sweet and Sour Fish
- Mung Bean and Spinach Stew
- Noodles with Shrimp and Tofu
- Sweet Banana and Jackfruit Rolls
- Iced Tapioca Pearl and Jelly Drink

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